

## Bishop Mackenzie International School Sporting Calendar 2024/25

Primary Only
Secondary Only
Primary and Secondary Combined
SAISA International Comps
Community Event

Date	Event	Teams	Location	General Logistics
Sunday September 15th	Community - Touch rugby world cup	Community Entry - 50,000 MKW per team	BMIS	Start Time - 1:00pm Finish Time - 5:00pm Prom Fund Raiser
Saturday 5th October	Secondary Quad-schools Netball and Football	U15 Netball , U19 Netball, U19 Football, U15 Football	Kamuzu Academy	Leave 6am on Saturday Arrive back 5pm same day School transport provided if needed.
October Break - First Semester Lilongwe U18 Netball League / U18 Football League - Runs Oct - March				
Saturday 26th October	Primary Lilongwe Football Competition	G4/5 Boys x 2 ,G4/5 Girls x 1 G2/3 Boys x 1 , G2/3 Girls x 1	BMIS	Starting time at 9:00am Finish time at 1:00pm
Friday 8th November	QUAD school Night Swimming Gala	G6-G12	BMIS	Leave BMIS on Friday 7:10am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.

Saturday 9th November	Secondary Quad-schools Football and Netball	U13 Netball U13 Football	BMIS	Leave BMIS on Friday 7:10am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
Friday 15th November	Primary AIMS Relay Swimming Gala	G2-G5	Phoenix, Blantyre	Leave BMIS on Friday 6:00am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
Saturday 16th November	Primary AIMS Interschools Football	G4/5 Boys x 2 G4/5 Girls x 1 G2/3 Boys x 1 G2/3 Girls x 1	Hillview, Limbe	Leave BMIS on Friday 6:00am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
Saturday 30th November	Primary Lilongwe Football Competition	G4/5 Boys x 2 G4/5 Girls x 1 G2/3 Boys x 1 G2/3 Girls x 1	BMIS/ABC	Starting time at 9:00am Finish time at 1:00pm
Dec 5th-7th	SAISA Swim & Volleyball	G6-G12 (U18 Comp, 10 Girls, 10 Boys)	JoBurg (AISJ)	External Comp. Information to be sent when received.
December 12th	Secondary House Swim Carnival	G6-G12	BMIS	All Day
<b>December Break</b>				
January 31st / 1st Feb	Secondary Quad-schools Competition	Boys and Girls, U13 Basketball, U19 Basketball U19 Girls Football	Saint Andrew's Sec School	Leave BMIS on Friday 7:10am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
31st Jan	Dual Meet Swimming Gala	G2-G12	BMIS/ABC	Start time 1:30pm - Finish time 5:00pm
8th February	U15 Rugby Competition	BMIS Boys and Girls U15 Local Lilongwe teams	BMIS	Start Time: 9:00am, Finish time 2:30pm

		Kamuzu Academy		
Wed 5th - Wed 7-12th Feb	SAISA B/Ball	U18 Boys and Girls Basketball U18 Netball/Rugby	Cape Town (AISCT)	External Comp. Leave Wed, Arrive back Wed. Basketball/ Rugby/Netball tour
Friday 14th February	'00' Swimming Gala	G2-G12	BMIS/ABC	Start time 1:30pm - Finish time 5:00pm
Saturday 15th February	Venom Rugby Academy U18 Central League - Week 1	U19 Girls and Boys Rugby	BMIS	1:00pm-5:00pm
Saturday 22nd February	Lilongwe Primary Netball and Tag Rugby	Y5/6 Netball x 2 Y5/6 Tag Rugby x 2	BMIS	Starting time at 9:00am Finish time at 1:00pm
Feb 26th -March 1st	Swimming Nationals	G2-G12	SAINTS	Parents to organise transport and accommodation. Non school event.
Friday 7th March	Primary AIMS Netball and Tag Rugby	Y5/6 Netball x 2 Y5/6 Tag Rugby x 2	BMIS	Start time: 1:30pm Finish time: 5:30pm
Saturday 8th March	Primary AIMS Individual Swimming Gala	G2-G5	BMIS	Start time: 7:30am - Finish time: 1:00pm
Saturday 8th March	Venom Rugby Academy U18 Central League - Week 2	U19 Girls and Boys Rugby	BMIS	1:00pm-5:00pm
Saturday 14th March	Venom Rugby Academy U18 Central League - Finals	U19 Girls and Boys Rugby	BMIS	1:00pm-5:00pm
Friday 21st, Saturday 22nd March	Secondary Quad-schools Rugby	Boys and Girls U13 Rugby, U15 Rugby U19 Rugby , U15 Basketball	BMIS	Friday B/ball - 2:00pm-5:00pm. Saturday - 8:00am-1:00pm

		(Fri Night)		
<b>April Break - Floodlit Volleyball League (SAISA Football - See Below)</b>				
Friday 11/ Saturday 12th April	SAISA Soccer	U18 boys and girls Football	BMIS	Friday 10:00-5:00pm Saturday 9:00 - 3:00 SAISA Disco 5:00-8:00
Sunday 4th May	Triathlon	G1-G12	BMIS	Non school event. Information to be sent to the community by NBL.
Sunday 25th May	Community World Cup Football	Community Entry - 50,000 MKW to enter	BMIS	Start Time - 9:00am Finish Time - 5:00pm Interact Fundraiser
Friday 30th May	Primary Mbabzi Cross Country	G2-G5	Mbabzi Estate, Lilongwe	Start time 1:30pm - Finish time 2:30pm School transport to Mbabzi Farm
Thursday 5th June	Primary AIMS Cross Country	G2-G5	Hillview, Limbe	Leave BMIS on Thursday 6:30am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
Friday 5th and Saturday 6th June	Primary AIMS Athletics	G2-G5	Saint Andrews Primary School	Leave BMIS on Friday 6:30am Parents to organise accommodation. Arrive back on Saturday 6pm School transport provided if needed.
Saturday 6th June	Secondary QUAD Athletics, U14 Girls Football	G6-G9	Kamuzu Academy	Leave 6am on Saturday Arrive back 5pm same day School transport provided if needed.

## Sporting Seasons

Our sporting seasons are dictated by a number of different factors: weather across the different seasons, Lilongwe schools sporting seasons, Association of International Malawian Schools (AIMS) competitions and Southern Africa International Schools Association (SAISA) competitions. Unfortunately, all of these are slightly different, so we do our best to give the most opportunities for everyone by balancing our sports.

### Main Sporting Seasons in Primary

Quarter 1	Quarter 2	Quarter 3	Quarter 4
Football Swimming	Netball Tag Rugby Swimming Football	Netball Tag Rugby Swimming	Athletics Cross Country

### Main Sporting Seasons in Secondary

Quarter 1	Quarter 2	Quarter 3	Quarter 4
Boys Football Netball Basketball	Boys Football Netball Rugby Basketball Swimming	Rugby Swimming Volleyball Girls Football	Athletics Volleyball Girls Football

## **Cut Off Dates for Ages**

### **31st August**

The cut of date is the 31st August for all age competitions in Malawi. This means that to be classified as U15, the child has to be under 15 (i.e. 14,13,12) on the 31st August of that school year. If the birthday falls on the 1st September then they are fine to compete in that age category as they were under that respective age on the 31st August.

Students cannot compete down year levels (i.e. a 15 year old playing in an U14 competition) but are allowed to compete up (i.e. a 9 year old playing in U11) if the coach and parents are happy and agree that the child is ready to compete at that higher level.

## **Sporting Leagues**

Bishop Mackenzie has created and organised the following leagues to provide more opportunities for our students:

- U18 Netball League (Oct - March)
- U18 Football League (Oct - March)
- Floodlit Volleyball League (April-June)
- BMIS teams will enter the Venom Rugby Academy U18 Rugby League (Jan-March)
- SAISA

In addition to this, we are currently in conversation with Malawi Netball and Malawi Basketball to see if we can be the main venue for the Central Malawi leagues in these respective sports.

The aim for the next 1-3 years is to find reliable and trustworthy schools that can help us in giving more opportunities for our younger students so that we can create U11,U13 and U15 leagues in the above sports too.